

Autumn Term PSHE Programme – Sixth Form

Autumn Term – first half	w/c 7.9.26	w/c 14.9.26	w/c 21.9.26	w/c 28.9.26	w/c 5.10.26	w/c 12.10.26	w/c 19.10.26
<i>Year 12</i>	Assembly: Mental Health and Wellbeing - MWh	Tutorial work: Mental Health and Wellbeing (including Sleep Health and Body Image)	Assembly: Managing stress – NSh/CBr/MWt	Tutorial work: Managing stress (including Healthy Coping Strategies)	Assembly: Contraception and Sexual Health - MWh	Tutorial work: Contraception and Sexual Health	Assembly: Consent - JCp
<i>Year 13</i>		Assembly: Future Opportunities and Career Development - STr	Tutorial Work: Opportunities and Career Development (including positive professional identity)	Assembly: Financial Choices (1) – bank accounts, debit and credit cards – ACa/MAh	Tutorial work: Financial Choices (1)	Assembly: Financial choices (2) – savings, paying tax and mortgages – ACa/ MAh	Tutorial Work: Financial choices (2)
Autumn Term – second half	w/c 2.11.26	w/c 9.11.26	w/c 16.11.26	w/c 23.11.26	w/c 30.11.26	w/c 7.12.26	w/c 14.12.26
<i>Year 12</i>	Tutorial work: Consent	Assembly: Positive Relationships and Recognising Abuse - JCp	Sixth Form assessment week	Tutorial work: Positive Relationships and Recognising Abuse	Assembly: Personal Safety - MHa	Tutorial work: Personal Safety	Tutorial Work: Catch Up
<i>Year 13</i>	Assembly: Health Screening - JCp	Tutorial work: Health Screening (including accessing health services)	Sixth Form assessment week	Assembly: Contraception, pregnancy and fertility - EBU	Tutorial work: Contraception, pregnancy and fertility	Assembly: Blood and organ donation - ACh	Tutorial Work: Blood and organ donation