

Caught Short Kit

1. Ingredients:



Wet wipes



Tampons, pads etc.



Packaging + Fab Little Bags* / disposal bags



Communication: posters/ messages ... tell people about it



2. Method:

Purchase supplies (roughly £5)

Decorate the box (optional), fill it with period products and place it in toilets/ relevant places.

Communicate they're there - make sure everyone knows these products are in place whenever required with no permission necessary.

Check periodically to refill and ask friends to help keep it stocked up.

Once you know its running costs (how often it needs to be refilled), engage your school / club/ gym / workplace and ask if they'll share that cost.



*fablittlebag.com

